

May 15, 2020

Shizuoka University Task Force on COVID-19

September 15, 2020 Corrected

February 17, 2021 Corrected

August 19, 2021 Corrected

February 16, 2022 Corrected

March 2, 2023 Corrected

Notes on face-to-face class implementation for COVID-19

In order to reduce the risk of COVID-19 infection, the following basic and specific precautions should be taken when conducting face-to-face classes (※).

(※)Face-to-face classes : Classes conducted through classroom lectures, experiments, practical training, skills practice, exercises, off-campus learning activities, etc. (based on the assumption of attending at university (including off-campus activities))

< Basic Notes >

- In order to prevent the spread of infection, it is important to take preventive measures (ensuring distance between people, hand washing and other hand hygiene, ventilation, etc.) that can be taken by each individual on a regular basis in daily life and at school.
- It is said that the risk of infection increases in the "Three Cs": Closed spaces with poor ventilation, Crowded places with many people nearby, Close-contact setting such as close-range conversations. Please implement actions to avoid the "Three Cs".

<Specific notes>

1. Students and teachers should take their temperature every morning and if they have symptoms of a cold, such as fever and cough, they should not come to the university and must stay home. If a teacher is not feeling well, the teacher should cancel the class. If you have a fever, cough, or other symptoms of a cold while you are at school, you must return home immediately. (There are measures to be taken regarding class attendance that will not be treated as an absence.)
2. Students and teachers should take their own infection prevention measures (ensuring distance between people, hand washing and other hand hygiene, ventilation, etc.) on a daily basis. (For example, washing hands and

disinfecting hands before and after class and before meals, and not holding coughs and sneezes in your hands.)

3. During class, open the windows and doors of the classroom to allow for ventilation and to avoid the classroom becoming an enclosed space. Even if it is difficult to open the windows and doors at all times due to weather conditions, ventilation should be done regularly before and after classes. In buildings where the air tends to be stuffy, efforts should also be made to ventilate corridors and other common areas.

4. Until March 31, 2023, wear a mask (except when eating or exercising) and cover the mouth and nose when students and teachers are unable to maintain a physical distance (2 meters or more) from others or conversing with others indoors, and when they are unable to maintain a physical distance from others or engage in conversation outdoors.

Since April 1, 2023, students and faculty members are not required to wear masks. In addition, the following items should be noted.

(1) Appropriate consideration shall be given to students and teachers who are anxious about infection and wish to continue to wear masks due to various reasons, such as underlying diseases, etc., and necessary measures such as ensuring ventilation shall be taken.

(2) Depending on the infection status of COVID-19 and seasonal influenza in the region and schools, the University may encourage students and teachers to wear masks, but even in such cases, the independent judgment of students and teachers should be respected and they should not be forced to wear or remove masks.

5. To avoid denseness and close proximity, the following requirements must be met when conducting face-to-face classes and final examinations.

(1) In principle, the number of students in a class should be less than or equal to the regular capacity of each classroom.

(2) For face-to-face final examinations in classrooms, the maximum capacity of students is set by the rule of the regular time of the exam.

6. If there are shared items that are used by more than one person in a class, wash your hands before and after each use. (If it is difficult to wash hands, disinfect the fingers with alcohol.)